FREE WEEK to help us help them!

We are raising money for the RLI Children's Ward by offering you a free week of classes and gym!

"I have never really enjoyed doing exercise until I started at Train Together, but with the help of the amazing instructors and fantastic classes I am now hooked and love every session. As a bonus I have also lost 3 and a half stone and 3 dress sizes!"



GET STARTED

T: 01524 389616

E: <u>info@traintogether.co.uk</u> **W:** www.traintogether.co.uk

Train Together Functional Fitness Studio

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